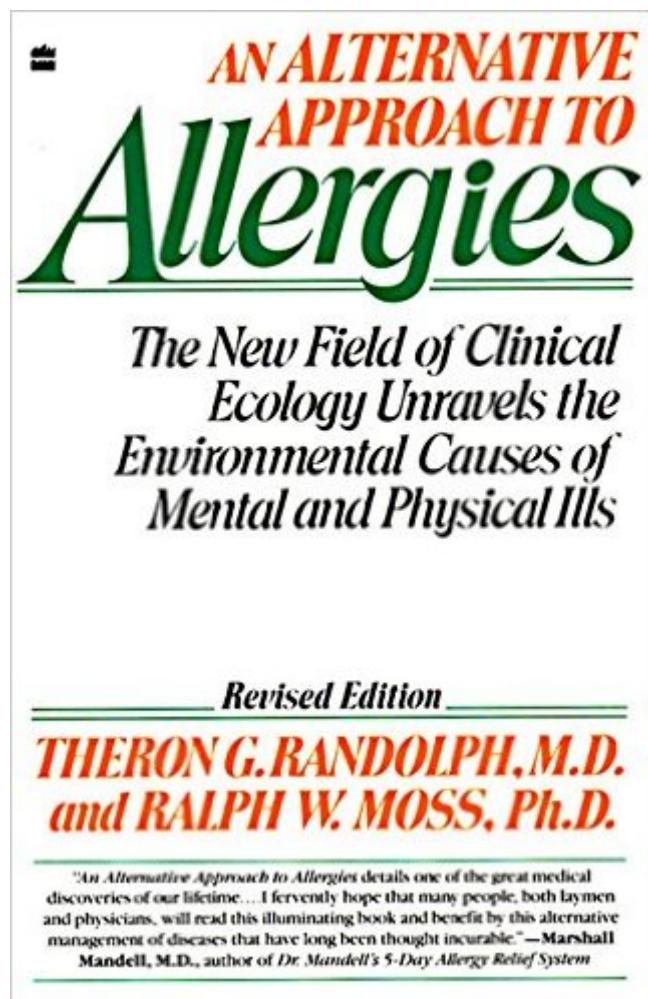


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# Alternative Approach To Allergies, An: The New Field Of Clinical Ecology Unravels The Environmental Causes Of



## Synopsis

Here is the book that revolutionized the way allergies and other common illnesses were diagnosed and treated.

## Book Information

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## Customer Reviews

After being plagued with skin problems, headaches, tiredness, hay fever, irritable bowel syndrome (IBS), depression, etc., etc., etc. for much of my late teens and all of my adult life, and going to over fifteen regular allergists and M.D.s for much of my forty-five years, I read Randolph's book: An Alternative Approach To Allergies. Realizing that Dr. Randolph had discovered a major piece to the health-puzzle, I finally went to a M.D. in New York who changed the entire basis of his practice from being a "classically trained" allergist to a transformed Clinical Ecologists M.D. After being diagnosed with MCS (multiple chemical sensitivity) and delayed food allergies--for which I was tested--I removed all the offending chemicals from my home and work environment; I also eliminated the foods causing delayed allergic reactions: The improvement in my health was rapid and life-changing. Thinking such may be psychosomatic, I went back to eating my delayed allergic foods and returned to using normal household chemical products, e.g., Tide, bleach, Comet, fabric softener, Cling, perfumed soaps, etc., and, within a few days, all my chronic health symptoms returned with a vengeance. I once again eliminated such foods and chemicals from my diet/environment, and with five days I was much better.

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